

A photograph of a woman and a young girl looking out a window. The woman is on the left, smiling, and the girl is on the right, looking out. The image is overlaid with a semi-transparent teal color.

# You can live in a smoke-free environment.

**Take action.** You, your loved ones and pets deserve to breathe clean air. Talk to your landlord about smoke-free housing.

**Smoke-free policies are legal.** Landlords and property managers can have smoke-free policies.

**It is against the law to smoke in hallways, laundry rooms or recreation rooms.** Maine law says all common areas have to be smoke-free.

**Secondhand smoke travels through walls, electrical outlets and under doors.** There is nothing that can stop secondhand smoke from moving between units.

**Air filters and ventilation systems don't work .** They leave behind the cancer-causing chemicals in tobacco smoke.

**Get it in writing.** Check that your lease says the building is 100% smoke-free, including balconies and patios.

**Exposure to tobacco smoke, even occasional smoking or secondhand smoke, causes immediate damage to your body that can lead to serious illness or death.\***

Search for smoke-free apartments on the free housing registry: [www.MaineHousingSearch.org](http://www.MaineHousingSearch.org)



SMOKE-FREE HOUSING COALITION OF MAINE

[www.SmokeFreeForME.org](http://www.SmokeFreeForME.org)

\*How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributed Disease: A Report of the Surgeon General, 2010.