

Tobacco-Free School: Good Level Policy

The template policy provided below has been updated (in 2019) to comply with all Maine laws. It contains the required elements to meet the Maine Tobacco-Free School Good Level Policy Criteria. School Districts format their policies and write their procedures in a variety of ways, this is one example of how to incorporate all the needed ADC and ADC-R elements from the policy criteria checklist.

[School] Policy Addressing Tobacco Use and Exposure

Tobacco-Free Policy Rationale

[School] is dedicated to providing its students, staff, and visitors with a safe and healthy environment to learn, work, and play. Tobacco use continues to be the leading cause of preventable disease and death in Maine and the United States. Research has shown that students addicted to tobacco products do not learn as well because they are focused on the need for more tobacco versus learning. [School] has adopted a tobacco-free campus policy that prohibits the use and possession of all tobacco products in school buildings, facilities, on school buses, and at school sponsored events by all individuals (including staff, students, and visitors of all ages). This policy reflects and emphasizes the hazards of tobacco use, will assure compliance with laws, protect school community members from secondhand smoke, and role model tobacco-free lifestyles.

Policy Statement

To support and model healthy, tobacco-free lifestyles and to create an environment free of tobacco smoke, [School] has adopted the following tobacco-free policy, effective [date].

All school buildings and property shall be tobacco-free at all times (24 hours per day, 365 days a year). This includes all days when school is not in session and all functions taking place on school grounds, such as athletic events or other activities not associated with, or sponsored by, the school. The policy applies to everyone on school grounds, including students, school staff, parents, and visitors. The policy extends to school buses and in all [School]-owned or leased vehicles.

The policy applies to the smoking or use of all tobacco products, including but not limited to, cigarettes, cigars, spit and smokeless tobacco, chew, snuff, snus, electronic cigarettes, vaporizers, vape products, and other electronic nicotine delivery systems.

Possession of any tobacco products is prohibited by anyone (adult or minor) on district property, in school vehicles, and at school-sponsored functions at any time.

The sale, distribution, dispensing, or promotion of tobacco products and paraphernalia is prohibited on school property and at all school functions.

Policy Communication

This policy will be communicated through a variety of efforts to educate students, school staff, parents, and visitors. Tobacco-free signs will be posted in highly visible areas at facility entrances and throughout the school property, including



Nearly 9 out of 10 smokers started smoking by age 18

athletic facilities. The policy will be listed on the school website and printed in employee, student, and adult education booklets on an annual basis.

Policy Enforcement

Everyone is required to comply with [School] tobacco-free policy. Enforcement of this policy will follow the standard procedures of the school for each audience. All school staff are expected to enforce the policy under the direction of the Principal. The Principal shall report any violations of this policy/procedure, as promptly as practicable, to the Superintendent.

Tobacco Treatment Support

Tobacco treatment information is available for those interested in quitting, including about the Maine QuitLink (1-800-QUIT-NOW or MaineQuitLink.com). The Maine QuitLink offers a variety of phone- and web-based quit service options that are free, friendly, and confidential.

BREATHE EASY

REDUCING SMOKE EXPOSURE IN MAINE

BreatheEasyMaine.org/School-Policy-Toolkit



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Maine Center for Disease Control & Prevention
Department of Health and Human Services